

Cataract reduced by 10%+ and lens strength in spectacles reduced.

Back in November when I was staying with a mediumistic friend she asked if everything was all right with my eyes and did I need glasses changing? Funnily enough things were not quite in focus as I was driving in UK. I had had new glasses only 4 months before so everything should have been OK but by January I could no longer focus on the computer screen even with the new 'for computer' lenses made in the previous August so I had another check up and the optician found a cataract was rapidly developing in the right eye so now from 90% vision I had only 60% vision in that eye (at 50% they have to operate or no driving licence) and the eyes had changed too. Good vision is essential for my computer work in publishing books.

He insisted I see a specialist and with that appointment booked I told Rob and Barbara what had taken place.

Rob and the spirit healers set to work once a week and 6 weeks later (first week in March), - having seen the specialist the vision with the cataract was back to 70%+ (the specialist asked the optician to re- check) The following day I had it checked by the optician – yes the cataract had reduced and as well as that the distance sight in that eye was now normal, which it had not been for some years. My glasses now have plain glass for the distance in the right side and a new prescription for the left. But I also needed a reduced prescription for the right eye for the 'computer' pair.

Because of expense and the speed at which my eyes were changing my optician suggested that I did not order the expensive varifocal lenses but to see how things went with separate pairs for distance and computer. So I spend much of my time changing pairs for different jobs instead of having the varifocals(In case they change back again says the optician - giving me my old lenses for safe keeping.). He tells me he has never known anything like it but says the changes must be connected with the stress of grief at the loss of my husband, Tom, 2+ years ago – and now I am getting over it the stress has gone, so the eyes are better!!

I did tell him what had been we had been doing but he can't believe in that.

On the first occasion the healing was given it felt as though a feather was gently brushing across the inner corner of my right eye – although Rob's hands were cupped over my eyes he was not touching them.

The next time, work was done on my left eye and I was aware of a mass of purple colour with a large deep green circle in the centre of it and as the green moved away it became tiny until it disappeared and there was just the purple left. This movement was repeated over and over until finally it stopped and the colour disappeared. Rob, when he asked if I had felt anything, told me he had felt as though he was pulling something out and that was how this movement had felt.

One day when sitting with our healing team another member of the group gave me a message, which I knew by description was from Tom, my husband, that it was 'taking a little longer as the 'petal' was of such fine delicate material'. I puzzled over the word petal but realized it must be a 'petal' of the iris which they were trying to repair.

For the last 2 weeks I have been able to set my hair with rollers without wearing any glasses – something I have not been able to do for around 3-4 years as I couldn't see to part the hair correctly, and put makeup on without fighting with the glasses. Now most of the time now

especially around the house I don't wear glasses at all and though close up things are out of focus it is so much easier.

For close work the reading aspect has not had much change but there must be some as I now find no difficulty in threading needles which was becoming a problem especially on the sewing machine.

Rob and the Healing team are continuing with the work.
So, thank you everyone.

Ann Harrison March 28th 2013